FitRight
Women's Health

JOB DESCRIPTION

Job Title: Women's Health Physiotherapist
Job Type: 20 - 38 hours per week (hours are flexible for the right candidate)

Reports to: Taryn Watson and Jessica Hextall (Managing Directors)

POSITION DETAILS

Classification/level: TBC
Award/agreement: Health Professionals and Support Services Award
Physical locations: FitRight HQ Applecross
This role supervises (FTE): 0

MAIN DUTIES/RESPONSIBILITIES:

Managing a caseload of Pelvic Health and Pre/Postnatal Health clients at FitRight HQ Applecross.

Managing Musculoskeletal Health and Exercise caseload is desirable but not essential.

Including:
- Treatment of pelvic health issues including pelvic pain, prolapse and incontinence
- Treatment of breastfeeding issues with electrotherapy
- Treatment of a range of musculoskeletal complaints (Optional but desirable)
- Clinical Exercise sessions (Optional but desirable)
- FitRight Class Initial Assessments
- Instructing FitRight Group Exercise classes (Optional but desirable)
- Assisting with FitRight Women's Health clinic tasks when not booked with clients

Including:
- Community promotion
- Creation and distribution of educational content
- Administrative duties

SKILLS & EXPERIENCE:

Essential criteria:
- Previous experience managing a pelvic health caseload in private practice (min 2 years)
- Strong interest in the areas of Pelvic Health, Pre/Postnatal Health, Pelvic Pain & Exercise Prescription
- Additional qualifications (at a minimum to have commenced post graduate study) in Pelvic Health & Continence. This includes vaginal examination competence and experience.

Desirable criteria:
- Experience teaching clinical exercise classes including using a variety of equipment
- Experience in managing dysfunctions of the lactating breast
- Experience running group exercise classes of up to 10-12 people
- Strong ability for health promotion in the community